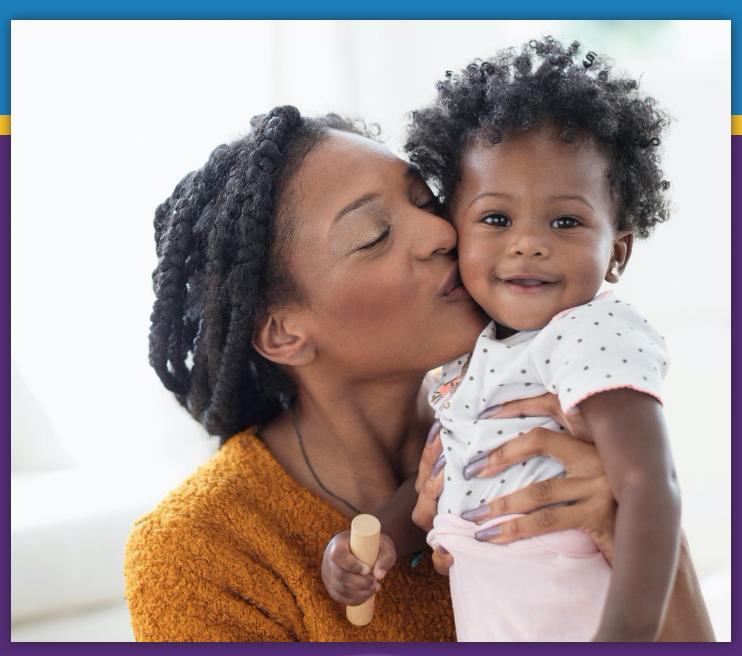
# 2021-2022 Annual Report

The Next Chapter: Growth and Change









#### Message from the 2022 Board of Directors Chairperson and the new Executive Director



Anita Visentin-Perito Attorney at Law Board Chairperson

Dear Friends,

Change is inevitable and change can be scary. If Covid taught us anything, it taught us that we needed to assess and pivot to the ever-changing landscape that the pandemic thrust us into and develop strategies to continue to meet our clients' needs. Last year at this time the Agency was presented with another challenge: filling the big shoes being left by our long-standing director, Cheryl Burack. No easy task! The Board began an intensive search, and after about four months, we found our new executive director, Stephani Klumpp. We are excited about the change we face as an agency and are looking forward to the new directions Stephani's experience and leadership will take us; we are confident she is up to the task!

There are other changes here at Family Centered Services too. As I exit as Board Chair, I am replaced by Amanda Giamo, who served as vice chair of the Board of Directors for the past two years, was heavily involved in our Executive Director search, and previously

played an active role on our development committee. Change isn't just inevitable, change is good!

It has been an honor to serve as Chair of the Family Centered Services Board of Directors during a challenging time of change. I know that the Agency is embracing the changes as we always have: with optimism, enthusiasm, and the teamwork that has made this Agency a continued success in our commitment to our clients and supporters.



Stephani Klumpp Executive Director

Dear Friends,

The theme of change feels ever present. Transitioning into a role previously filled for decades by the well-respected and admired Cheryl Burack was tremendously intimidating. Would I be able to successfully do the job? Would I be able to authentically connect with the Team? Would I be well received? Did I have what it took to continue the mission of Family CT and meet the ever-changing needs of the communities we serve?

When I think of my early days with the agency and interactions with the Board of Directors, warmth and kindness are two words that come to mind. Over the past several months, the warmth I first experienced remains - fueled by the ongoing and ever-present kindness displayed in the work the Family CT Team does day after day. Because of this warmth and kindness that I have now experienced firsthand, all of the question marks that once lingered quickly turned into affirmations that this agency, the people we serve,

and the staff who work here uniquely fit together to form a team that can not only withstand, but thrive, with the changes that have come their way, and do so with empathy, grace, and kindness.

With collaborative assistance from the staff at Family CT and our supportive collaboration and guidance from the Board, we have been able to clearly map out immediate and forecasted goals for the agency. In the coming weeks and months, we are focused on policy updates, structural updates and expansion, anti-racist work, increased diversity, equity, and inclusion education, and increased staffing and program expansion.

I am thrilled with the possibilities ahead for Family CT. As we continue to grow and adapt in an ever-changing world, we will continue to remain laser focused on our mission - to ensure every child has what they need to grow up in safe, stable homes, free from violence, abuse, and neglect, where they can succeed. We look forward to sharing each step of our continued journey with you, always keeping our mission at the forefront of our minds and of our work.

# Baby&MeCT Program Update

Over the short span of 5 months with Baby&MeCT, Sarah's parenting skills have truly blossomed. When we first began working together, the uncertainty of parenting for her was clear. For Sarah, this was an unplanned pregnancy, and her baby came weeks early. This can be scary for any parent, but especially for a 15-year-old. Yet, Sarah continues to show her perseverance and resilience-mastering breastfeeding while baby was in the NICCU (and still breastfeeding to this day!), to now juggling being a sophomore in high school and a fulltime mom. Each week, it has been so rewarding to witness Sarah's confidence build. She continues to be attentive, responding quickly to and being aware of her baby's cues. She does all this while also being open to taking in new information about parenting.

Sarah has been a joy to work with!



Kaleena Brown Family Support Provider for Baby&MeCT

Baby&MeCT is a voluntary, preventive program that provides services around parenting support using an internationally recognized evidence-based curriculum called Parents as Teachers. We focus on the parent/child relationship, child development, parenting practices and the health and well-being of the family. Baby&MeCT works with families in the greater New Haven region who are prenatal through when their child is 5 years old, focusing services to meet the needs of birthing parents and caregivers aged 20 and under as well as Black, Puerto Rican, and Indigenous populations. These families were identified by our Office of Early Childhood funders as facing historic systemic inequities and deserving of better long-term outcomes for both parents and their children.

Each family has a Family Support Provider who develops a relationship with caregivers and their child/children to tailor services to particular needs. Home visits are planned and purposeful. Each visit includes a parent-child activity that promotes relationship building, connection and development. A child's development is followed so parents understand what is happening, what to expect and how to best support growth and learning. Parenting concerns are addressed around attachment, discipline, health, nutrition, safety, sleep, and routines. And the family's well-being is supported with

discussion and referrals relating to basic needs, work and education, mental and physical health, childcare, relationships, and recreation.



Noreen McElroy
Clinical Supervisor for Baby&MeCT

The Family Support Provider partners with the family to set goals that are meaningful, offering support and information to help parents and caregivers determine best practices in their home. Our team is dedicated to being open and curious about culture, learning from families and focusing on existing strengths as a foundation for future growth. The trusting relationship between the Family Support Provider and the family members is the foundation of Baby&MeCT, equal participants who strive to create those safe, nurturing homes where children can succeed. The Baby&MeCT team is ever grateful to our families who open their homes, their hearts, and their minds in their desire to do their best for their children.

### We Are Growing!

In early 2023 Family CT will begin two new projects and partnerships!

## **Outpatient Urban Trauma Treatment Center**

Provide outpatient mental health services for children and their families. There are three service components:

- 1. General outpatient mental health treatment for children and their families
- 2. Specific outpatient treatment to a select target population of Black, Indigenous, Latinx, Asian, and/or multi-racial and other minority children and their families
- 3. Community-based organizational activities to support the treatment and recovery of children who have been exposed to urban and racial trauma.

This program is designed to promote mental health and improve functioning in children, youth, and families and to decrease the prevalence of and incidence of mental illness, emotional disturbance, and social dysfunction as it relates to racial trauma.

#### Intensive Care Coordination with CT InCK

This collaboration with Clifford Beers will focus on expanding our existing care coordination program to include specific, intensive case management to children and families with complex and continual medical needs. The goal of this programing is to connect youth ages 0-21 and pregnant or postpartum individuals

with the necessary medical, behavioral, and mental health resources they need, regardless of income level.



## What's New at Family CT

#### **Website Updates: Escape Button**



In July 2022, an escape button was added to our agency website. When clicked this button will immediately take the individual to the google.com homepage. The escape button is another way Family CT works to protect the clients and families we serve.

**Bonding Leave Policy:** In June 2022, the Family CT Board voted to accept a new leave policy for agency staff who were pregnant, fostering a child, adopting a child, had given birth or had a partner who had given birth.

This policy provides staff with an additional 3 weeks of paid time off (PTO) to be used for one of the above-mentioned life events.

**Lactation Room/Wellness Room:** In September 2022, a non-utilized space at the agency was revamped as a tranquil and private space for lactating employees to utilize as needed. Private wall dividers were set up, a dedicated refrigerator was placed in the room and sound machines and other music enhancements have been added to the space.



**Office Expansion:** With the exciting agency growth we are looking forward to in 2023, we have become aware of how quickly we are beginning to outgrow our office space. In order to accommodate our two new programs, our new HR Director, and our new Director of Community Programs as well as our current programs, we have decided to convert our underused office spaces into six new offices. Construction will begin in early 2023 and is expected to be completely quickly so our new teammates can hit the ground running in the new year!

**Family Centered Services: HERO AWARD:** Family Centered Services of CT was honored to present our very first HERO Award to Kellie Jones at our Breakfast to End Domestic Violence on October 7th! Kellie, leader of Team Pretty Pat, established her team in 2016 after her sister, Patrice, was killed by her partner in 2003, when Kellie was only 16 years

old. Since learning about the Walk to End Domestic Violence and joining Family CT that first year, Kellie has been fundraising in her sister Patrice's honor to raise thousands of dollars for Patrice's Angels Emergency Fund. This fund, available to any client within Family CT who is experiencing domestic violence, provides funds for crucial safety items that someone may not otherwise be able to afford. Through this fund, Family CT has been able to assist those fleeing domestic violence purchase a train ticket, have their locks changed, obtain a new ID, and so much more.

We are grateful Kellie has chosen to keep Patrice's memory alive by giving back to those who need it most and continuing to raise awareness and speak out against domestic violence. Congratulations, Kellie! We could not imagine a better person to receive our first ever HERO Award and are inspired by your drive and dedication.

## What our staff are saying:

The best part about providing Family Based Recovery (FBR) is supporting parents to increase their curiosity about their child(ren). Changing generational patterns of interaction can change the entire trajectory for a new generation of children, and we get to help parents do that.

-Katherine Director of Family-Based Recovery

We have the most amazing employees who always go the extra mile for their clients and treat them with the empathy, compassion, and respect they deserve.

I truly believe I am a better person because of my work, the staff and clients have given me much to reflect on over the years and I have learned something about myself and the human condition with each encounter. I have gained more than I have given through my work.

- Jacquelyn Chief Program Officer

I believe we don't always know the impression or impact we have made with a family receiving services. If we can help parents to recognize their children's behaviors are expressing a need, and then assist them in learning positive ways of responding to those behaviors and fulfilling those needs, we will have helped families develop strong, healthy relationships that last a lifetime.

- Irene Director of Parenting Support Services

Through weekly meetings and Community Service Learning, we work with our teens to build safe and supportive environments for growth and development. A true highlight is attending 8th grade graduation. It is a reward to witness them move on to high school with some of the tools they learned from TOP to help guide them make smart, healthy decisions throughout life.

-Raycean Director of the Wyman Teen Outreach Program

One of my favorite parts of this type of work is helping others realize that it isn't scary or a sign of "weakness" to ask for help, as well as to help them recognize that they already have the power within themselves to make life changes, it may just take an objective perspective. I'm so excited to continue my work within Family CT with parents and children and helping to build an even stronger foundation for families to thrive in the future.

-Sophie Director of the Caregiver Support Team

When we support families in using their innate strengths and resiliency to overcome their obstacles, they can better focus on their own hopes and dreams for themselves and their children. More thriving homes means a stronger community and a generation of children who are better equipped to face the challenges that life will bring them.

- Johanna
Director of Intimate Partner Violence

Family Assessment Intervention
 Response

Daily, our team has the privilege of being able to sit with caregivers as they explore and support their child's development, reflect on their parenting experiences, and set meaningful goals for themselves and

their children. Also, we get to play! Family Support Providers sit on the floor with baby and caregiver and introduce games or activities at nearly each visit. I am so lucky to work with a dedicated and knowledgeable team of Family Support Providers who regularly create these opportunities for positive parent/child experience and who hold their families through the joys and challenges of pregnancy and early childhood.

-Abby Director of Baby&Me CT

The more we can help families in need, the more all families will thrive. This is evident in the outcomes and it's evident in my heart when I see the difference our team is making. I work with a team of professionals who are not only highly skilled but also incredibly generous and empathetic, and that inspires me to keep our mission going.

-Alix Director of Clinical Programs

The work we do at Family CT means that those in our community can have access to the services they need despite financial, mental health, or other barriers that they may be experiencing. By investing in the generation growing up today, we're ensuring that the future of our community is filled with healthy, independent, resilient adults.

-Jodi Director of Community Programs

# 2021-2022 Financial Supporters

We are grateful for the generosity of individuals, businesses, organizations, community groups, foundations and funders. If anyone has inadvertently been left off this list, please accept our apology and let us know.

### 11th Annual Walk Against Domestic Violence Sponsors

#### **Champion Sponsor:**

Yale New Haven Health

#### **Advocate Sponsors:**

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#### **Prize Sponsors:**

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### 12th Annual Walk Against Domestic Violence Sponsors

#### **Champion Sponsor:**

Yale New Haven Health Town Fair Tire Foundation

#### **Advocate Sponsors:**

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#### 11th and 12th Annual Walk to End Domestic Violence Donors (fundraising and prize donors)

AAA Northeast, Hamden Branch Adam Leach Alecia Andrews Allison Rivera Amanda Giaimo Angel Mattioli Anita Visentin-Perito Annyta Klein Archie Moore's Arianna Banack Arielle Lewis Ashley Jones Ashley's Ice Cream Barcelona Wine Bar Barracuda Bistro & Bar Barry Chernoff Bella Chase Beverly Catchpole Blue State Coffee Bonnie Nadler Brian Obremski **Brittney Cavaliere** Bryan Gilstein Casey Ogman Catherine Copas Cesar Herrera Charles Noble Cheryl Burack Cheryl Thompson Christine Ginter

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### **Breakfast to End Domestic Violence Donors**

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Jacquelyn Farrell Jennifer Piekarski Johanna Piper Kathleen Scott

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Quinnipiac University, Department of

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Sectra

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YNHH APP Group

YNHH Center for Advanced Endoscopy YNHH Community & Government Relations

YNHH Dept. of Surgery Wellness

YNHH Diversity, Equity, and Inclusion Council

YNHH Home Care Plus, Community

Health Care

YNHH Hospitalist Team YNHH ID Department

YNHH Legal & Risk Services Department YNHH Marketing & Communications

Department

YNHH Office of Privacy & Compliance YNHH Office of Strategy Management YNHH Outpatient Pharmacy & Ambulatory

Care Services

YNHH Pharmacy Dept., St. Raphael's Campus YNHH Pharmacy Dept., York St. Campus

YNHH Post Acute Services

YNHH Pre-Surgical Evaluation Center

YNHH Smilow

YNHH Smilow App Group

YNHH Smilow Radiation Oncology

YNHH Supply Chain YNHH Transplant Team YNHH Value Analysis

### Donations made in honor of Cheryl Burack's Retirement

Andrew Szegedy-Maszak Anita Visentin-Perito Barry Chernoff David Wrenn Izzy Guy John Visconti Laura Grabel Marijane Carey Robert & Linda Reger Robert Margolies Robin Caron

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Community Dining Room, Inc.

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SoundRunner Stavroula Hatzios Steve & Joan Levine Sue George Tabor Church

The Children's Place
Ulbrich Boys & Girls Club

#### **Back to School**

Bernadette Bimonte-Hackett Carol & Jillian Richards CAVCOMM, LLC. Denise Krause

Hamden Plains United Methodist Church

mActivity Stephani Klumpp Steve & Joan Levine

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Amy Herold
Amy Wyler
Anneka Doraz
Beth Archambault
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Carrie and Matt Kerzner

Catherine Chagnon

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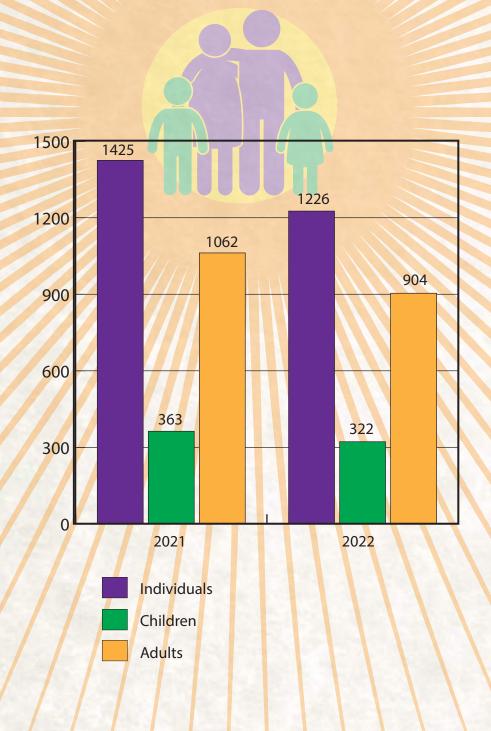
Southern CT State University
Office of Student Involvement
and Leadership Development

Steven Tuch

Susan and Richard Pavano

Tricia Connolly Tricia Jefferies Whitney Paige

# Who We Served



# **Financials**

### FYE 6.30.2021 Income & Expense for annual report (unaudited)

Income	
Department of Children and Families	2,647,578
Department of Public Health	275,367
Department of Mental Health/Addiction Services	75,654
Department of Social Services	234,000
Office of Victims Services	476,350
Office of Early Childhood	845,000
Subcontracted with New Reach	27,910
Misc Income	2,841
Foundations	3,500
Unrestricted/Restricted donations	28,886
Fund Raising & Special Events	31,379
	4,648,465
Expenses	
Salaries	2,606,076
Fringe Benefits	589,795
Program supplies, travel, trainings, Phone & Network	270,764
Subcontractors	934,885
Facility Costs	140,815
Administrative Expenses	104,090
Fund Raising & Special Event Expenses	2,040
TOTAL	4,648,465

# **Board List December 2022**

Amanda Giaimo - Chairperson

Salesforce Connecticut

**Anita Visentin-Perito - Immediate Past Chairperson** 

Law Office of Anita Visentin-Perito Branford, CT

Mark DiPaola - Vice Chairperson

Noble Wealth Advisors of Janney Montgomery Scott New Haven, CT

Meghan Dahlmeyer -Treasurer

Yale University New Haven, CT

Mark DiPaola – Secretary

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Steven H. Levine

West Haven Public Schools, Retired West Haven, CT



Our Mission

Family Centered Services works with families to ensure

Our Vision

We envision a world of healthy families, where children grow up to be confident and caring adults and contributing members of their community



Our Values

We believe all children have the right to live in a safe, nurturing environment, free from violence, abuse, and neglect.

they are safe and nurturing places where children can succeed.

### **Dedicated Staff**

#### **Executive Leadership**

Stephani Klumpp, MA, Executive Director Jacquelyn Farrell, LCSW, Chief Program Officer Jodi Baloga, LCSW, Director of Community Programs Alix Pierce, LPC, Director of Clinical Programs Kara Rotheram, BS, Director of Finance Quantasha Brown, MBA, Director of Human Resources Keisha Barnes, Administrative Assistant

#### Baby & Me CT

Abigail Berkson, LCSW, Program Director Noreen McElroy, BA, Clinical Supervisor Jazmynn Jakubczyk, MPH, Outreach and Community Connections Coordinator Debreeda Pearson Evelyn Padilla Kaleena Brown Karen Droz Lisa Acosta Sonja Moore-Duarte

#### **MST**

Lindsey Molina, LCSW Program Director Christine Conway, LMSW Jackie Plagesse, MFTA Trudy Granston, BA

#### **FBR**

Katherine Babb, LCSW, Program Director Ruth Montgomery, LMSW, Clinician Marie Watson, LMSW, Clinician

#### **IPV-FAIR**

Johanna Piper, LCSW Jaime Thorne, LMSW Nobuko Tahara, BA Rebecca Nazario, BA Talyah Uslianer, LCSW Theresa Pichulo, MFT-A Ashley Hernandez, MS

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Rachael Stamat, LPN, Director of Care Coordination Programs Angie Suquilanda, BS

#### **PSS**

Irene Clementino, MA, Program Director Ashley Robinson, BA Brittney Bauer, BA Sarah O'Connor, BA Trevaun Ricketts, BS Tyisha Minnifield, BA

#### **NVA**

Brittany Kennedy, BS, Program Director Yoselin Coyotl, BS, Assistant Director Melissa Masayda, MS Gabby Martinez-Aragon Dominique Johnson, BS

#### **CST**

Sophie Caldwell, LCSW, Program Director Sandy Gonzalez, LMSW Laura Rainey, M

#### TOP

Raycean Wright, BS, Program Director Michael Pascarella, M.Ed





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